

# Overactive Bladder Care Pathway

Patient Name:

Overactive Bladder (OAB) is a clinical syndrome characterised by urinary urgency, usually accompanied by urinary frequency, nocturia and for some, the inability to control urinary continence (urinary urgency incontinence).

This Care Pathway will help you understand your treatment options, and track the management plan for your OAB symptoms.

This pathway is a general guide and should not replace the advice of your Doctor which may be tailored to your individual situation.

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### 4-8 Week Visit

You should anticipate noticeable improvements.

After 8 weeks without change in symptoms, it is time for a re-evaluation or progression to medication therapy.

### Medication Side Effects

#### B3 Agonist:

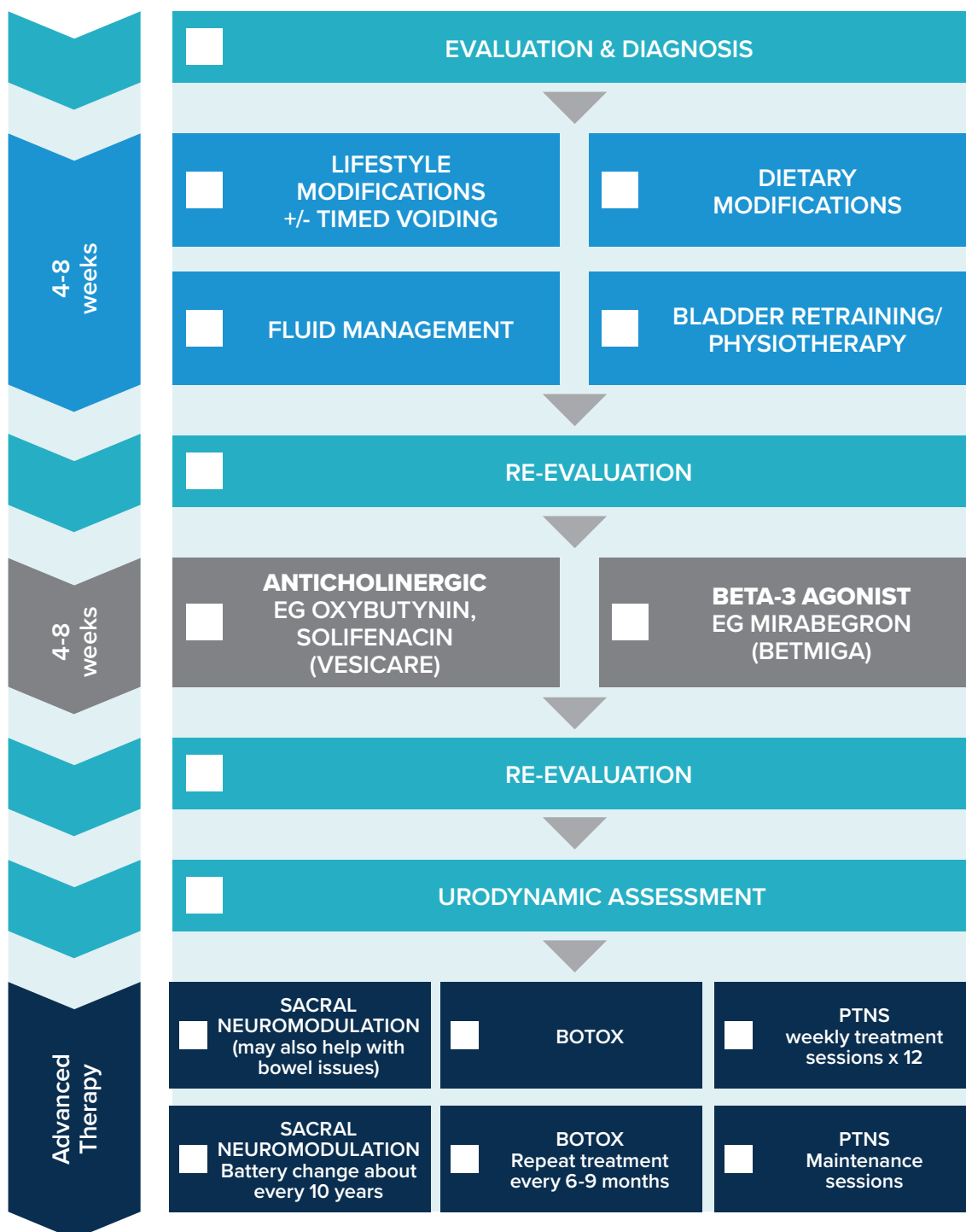
Hypertension (check BP after 10-14 days), headache, palpitations

**Anticholinergic:** Dry mouth, constipation, dry eyes, cognitive side effects.

### Re-Evaluation Appointment 1

### Re-Evaluation Appointment 2

### Re-Evaluation Appointment 3



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